



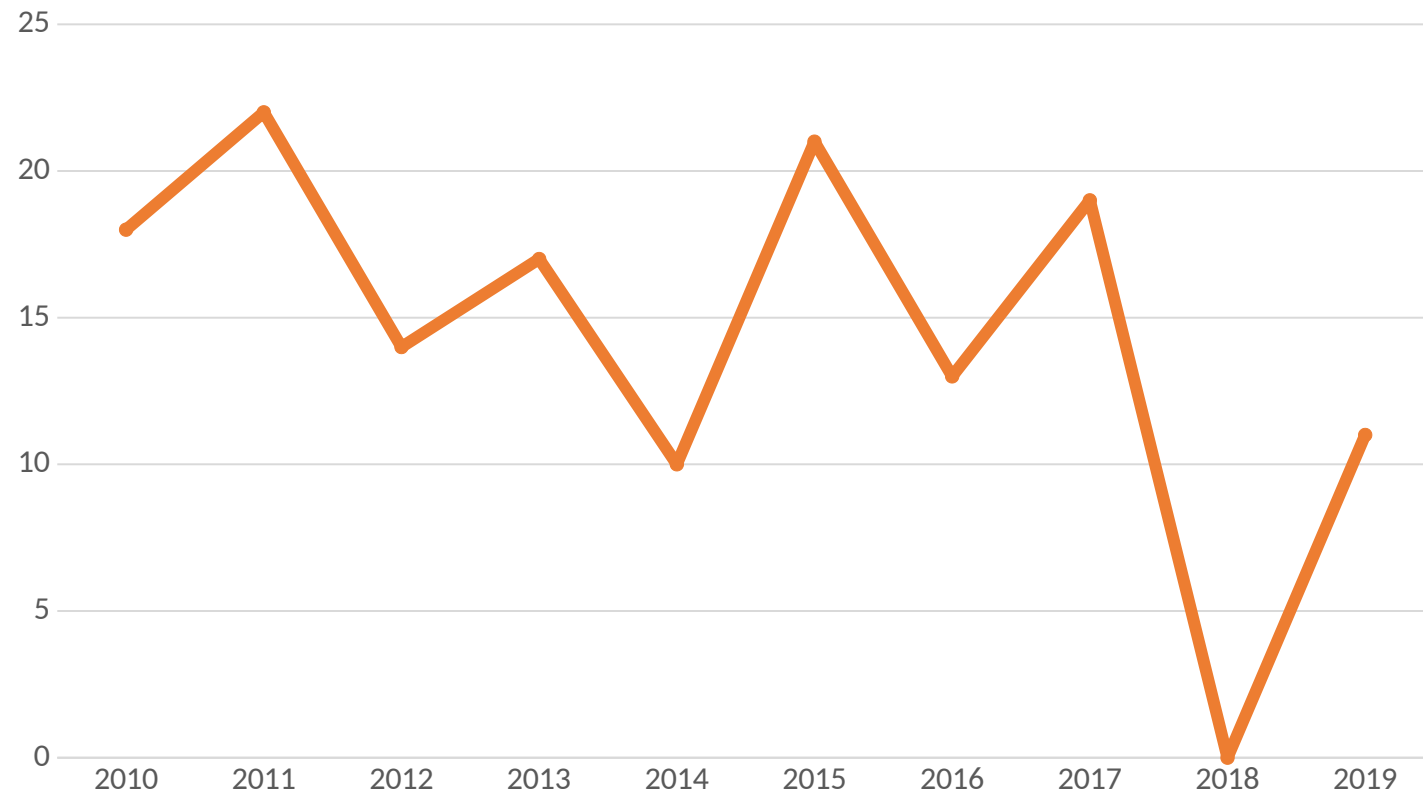
Preventing Youth Overdose in Oklahoma

FOR INTERNAL USE ONLY



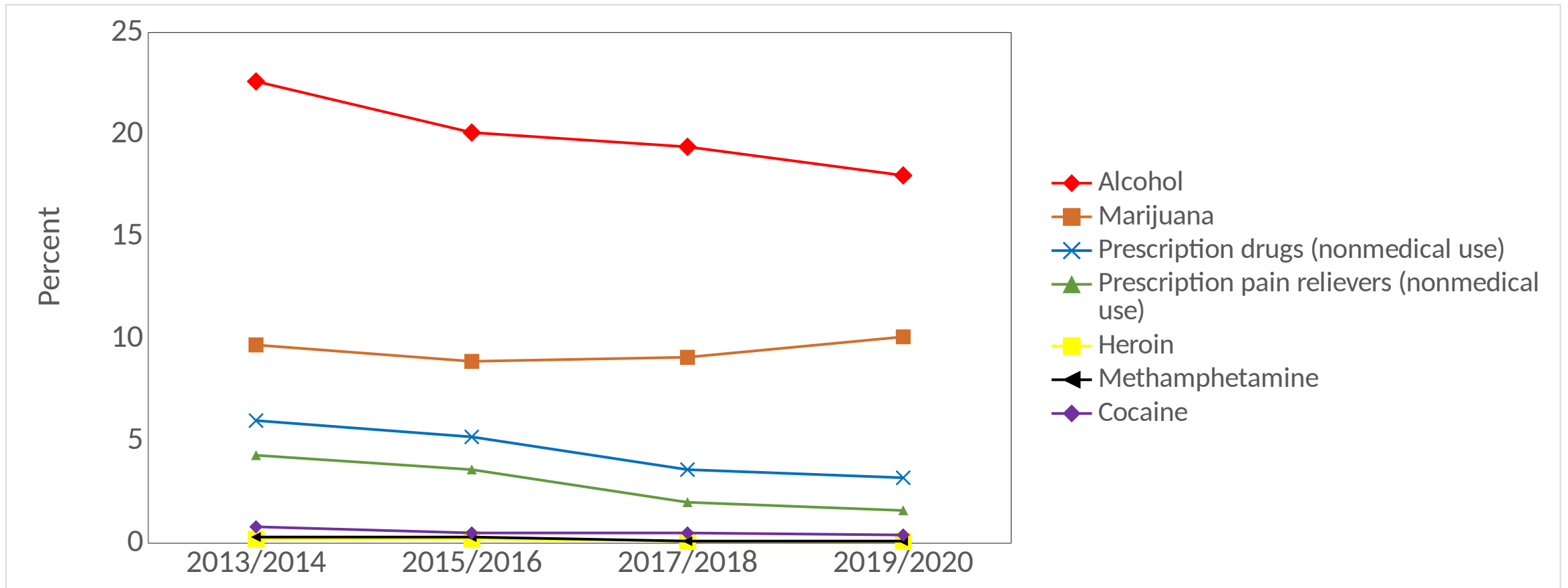
OKLAHOMA
Mental Health &
Substance Abuse

Number of youth overdose deaths Oklahoma all drugs, CDC WONDER

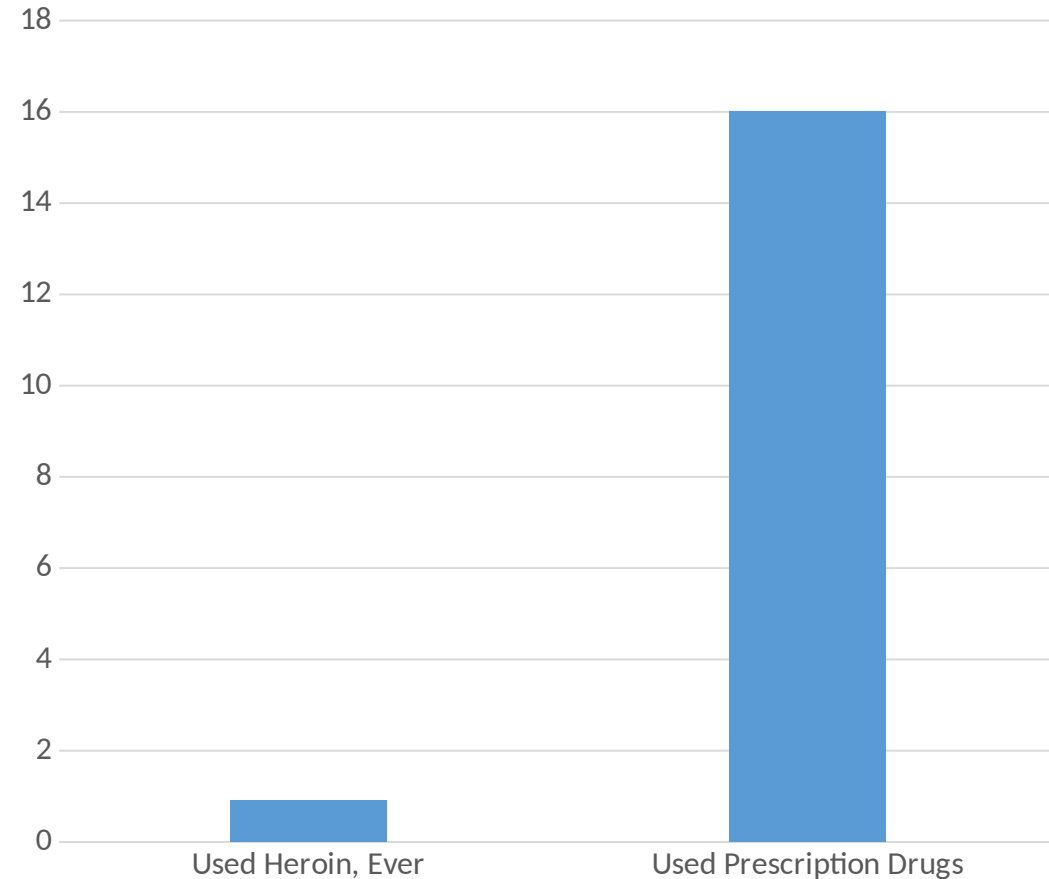


Numbers less than 10 are suppressed to maintain privacy.

Top substances (maybe selected substances?) reported being used in the past 30 days by Oklahoma 6th, 8th, 10th, and 12th graders (combined) by school year, OPNA



Lifetime Opioid Use Among Youth, 2019 Youth Risk Behavior Survey

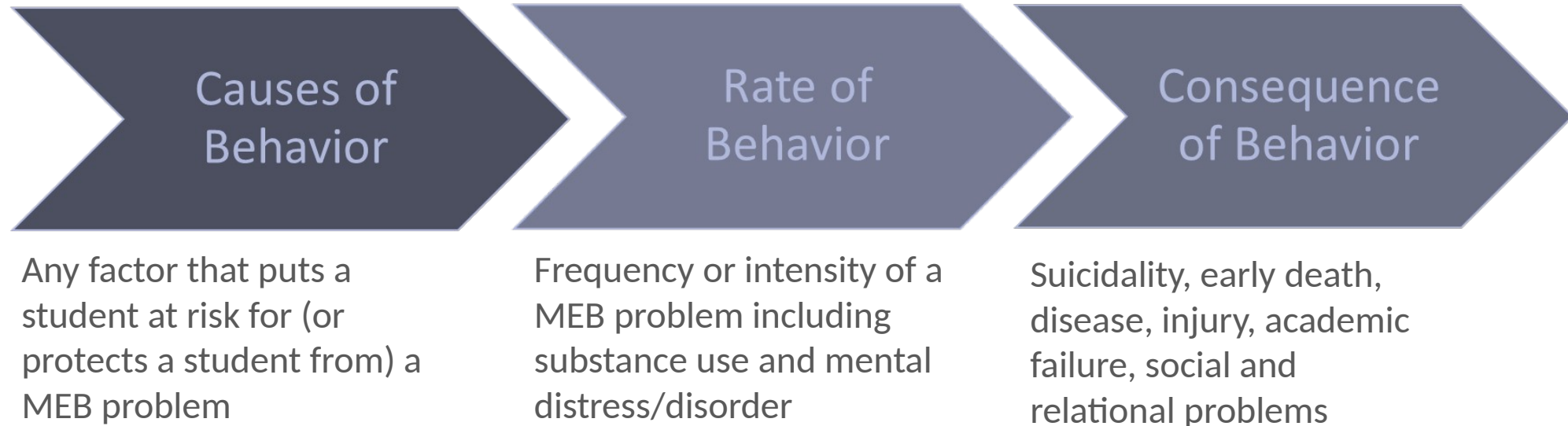


Less than 1% of high school students have ever used heroin.

16% of high school students have misused a prescription painkiller.

Developing Upstream Information & Plans

- Mental, emotional, behavioral problems are driven by the presence of risk factors in one or more domains – individual, peer, family, school, and community.
- An effective prevention strategy must aim to reduce risk and increase protection across all domains.



Risk and Protective Factors

- Behavioral health results from an interplay of risk and protective factors at the individual, family, community, and societal levels.
- Risk and protective factors are well established and often shared across problem behaviors.
- First symptoms of mental, emotional, and behavioral problems typically precede a disorder by 2 to 4 years.

Risk Factors for Adolescent Problem Behavior	Substance Abuse	Delinquency	Teen Pregnancy	School Dropout
Community				
Availability of drugs	✓			
Availability of firearms		✓		
Community laws and norms favorable toward drug use, firearms and crime	✓	✓		
Media portrayals of the behavior	✓	✓		
Transitions and mobility	✓	✓		
Low neighborhood attachment and community disorganization	✓	✓	✓	✓
Extreme economic deprivation	✓	✓	✓	✓
Family				
Family history of the problem behavior	✓	✓	✓	✓
Family management problems	✓	✓	✓	✓
Family conflict	✓	✓	✓	✓
Favorable parental attitudes and involvement in the problem behavior	✓	✓	✓	✓
School				
Academic failure beginning in late elementary school	✓	✓	✓	✓
Lack of commitment to school	✓	✓	✓	✓
Individual & Peer				
Early & persistent antisocial behavior	✓	✓	✓	✓
Rebelliousness	✓	✓		✓
Gang involvement	✓	✓		
Friends who engage in the problem behavior	✓	✓	✓	✓
Favorable attitudes toward the problem behavior	✓	✓	✓	✓
Early initiation of the problem behavior	✓	✓	✓	✓
Constitutional factors	✓	✓		

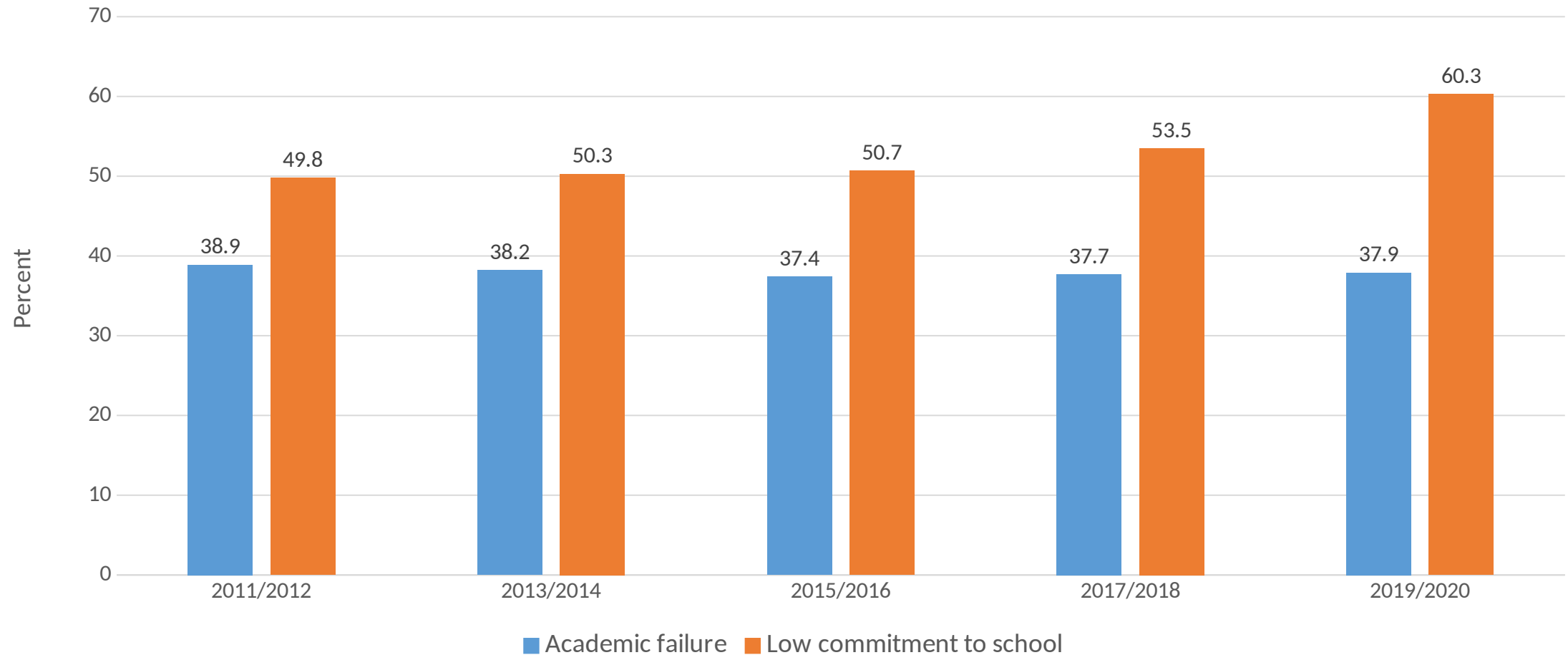
Risk & Protection

- Risk factors are conditions that increase likelihood of problem behaviors
- Protective factors buffer against problem behaviors
- Risk factors are in every domain they grow up in – community, school, family, individual/peers
- Risk factors are present across development
- Risk factors are shared across multiple problem outcomes
- Risk factor operate similarly across racial groups and regions

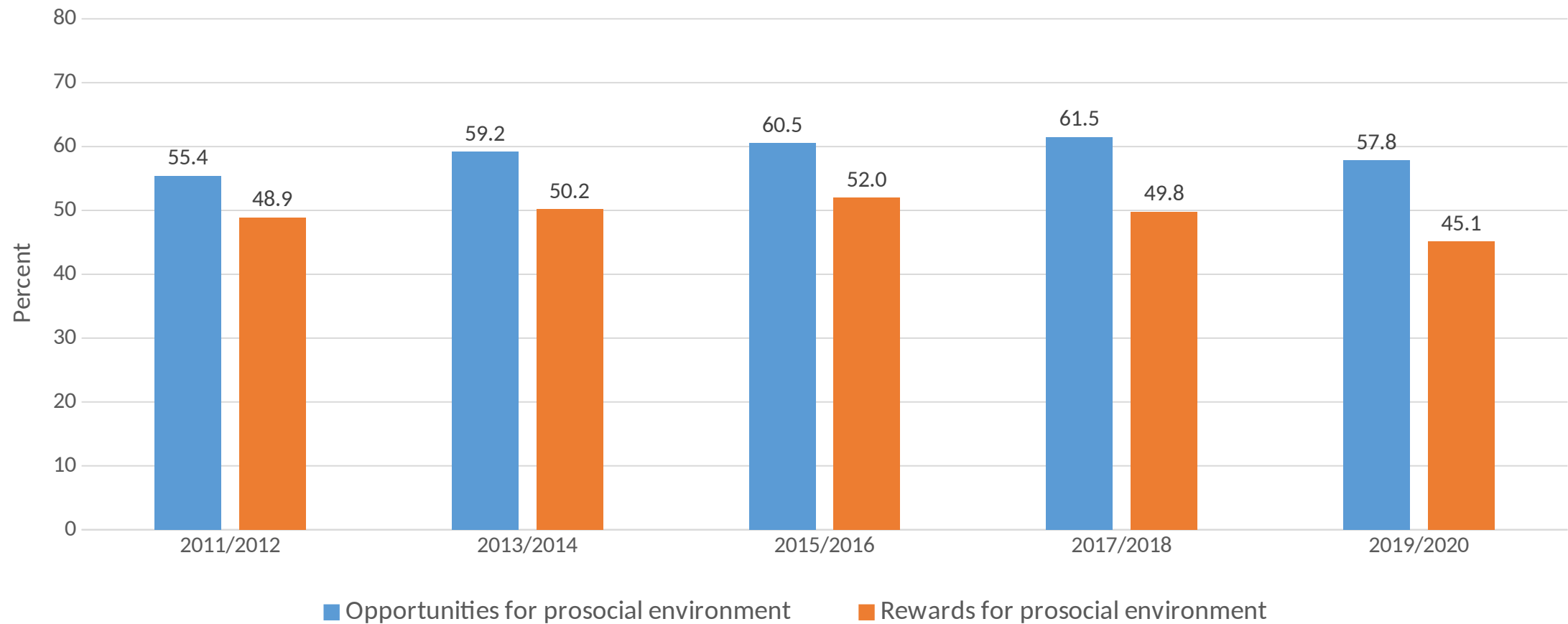
Why not focus just on those with high risk?

- Large numbers of people exposed to a small risk may generate may more cases than a small number exposed to a high risk.

Percentage of Oklahoma 6th, 8th, 10th and 12th grade students (combined) at **high risk** for future substance abuse and other problem behavior according to the school-related scales, OPNA



Percentage of Oklahoma 6th, 8th, 10th and 12th grade students with **high protection** for future substance abuse and other problem behavior in the school setting by school year, OPNA



Oklahoma's Prevention System: Sector Based Approach



Education



Families



Communities
At Large



Healthcare

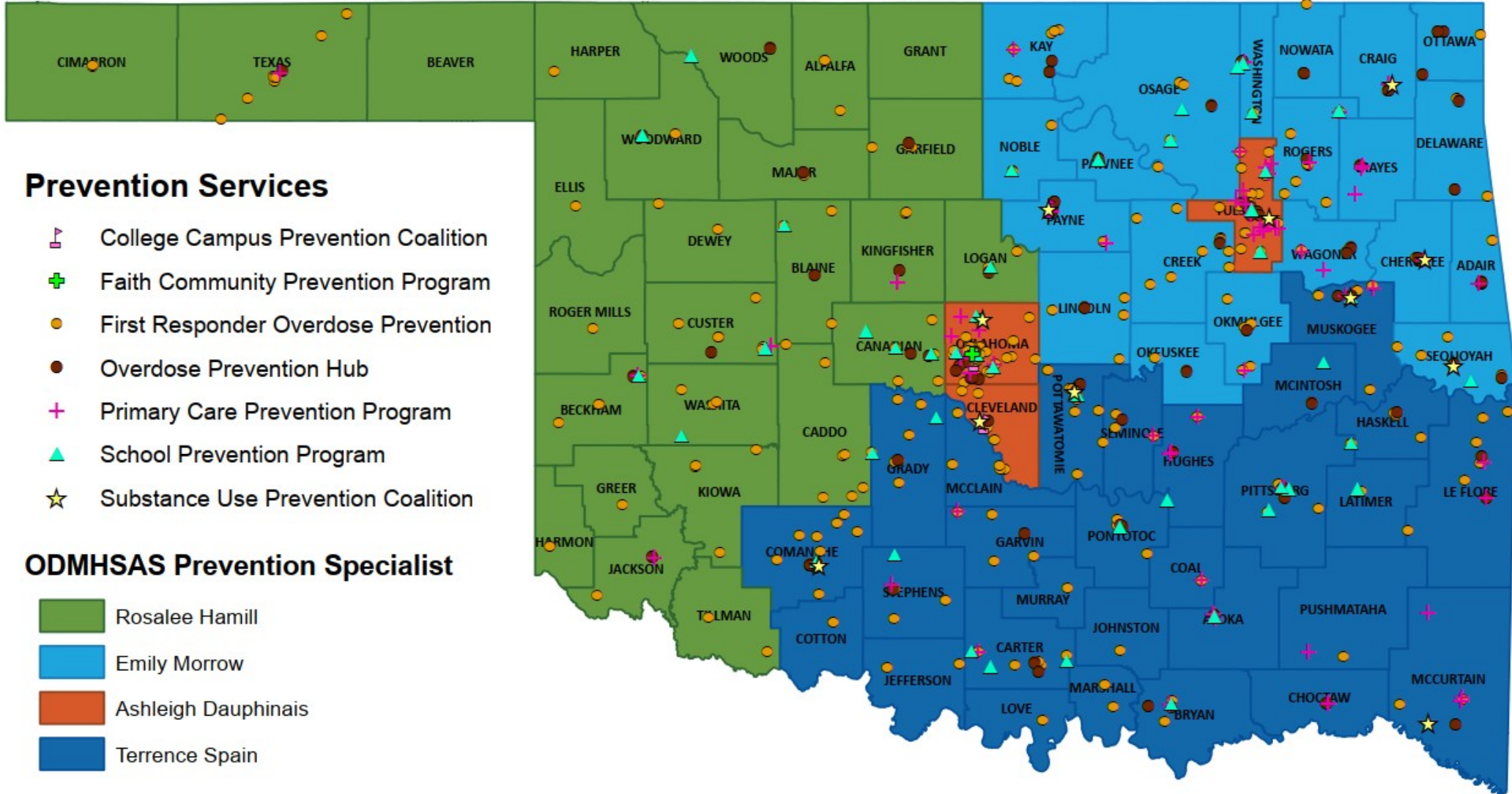


Business/
Employer



Faith





Oklahoma's Prevention System:

Coalition Activities
Community Based Education
Community/Org Assessments
Cultural Programs
Enforcement of Access Laws/Rules
Follow-up Services
Harm Reduction Education
Harm Reduction Safety Devices
Improved Access to Family Supports
Media Advocacy
Media & Social Norms Campaigns
Mentoring
Organizational Policies
Outreach Activities

Prevention Works! Coalitions

Community coalitions serve high need neighborhoods, towns, and regions throughout Oklahoma.

They mobilize local organizations and residents around common prevention goals to collectively develop a plan for positive community change and implement an array of evidence-based prevention strategies.



Oklahoma's Prevention System: Services

Parent/Family Prevention Education
Performance Improvement
Prevention Training & Consultation
Prevention Workforce Development
Prosocial Community Service
Public Health & Safety Policies
Resource and Information Services
School Based Prevention Education
Screening, Intervention, Referral
Prosocial Activities
Strategic Prevention Planning
Text, Chat, Phone Services
Youth/Adult Leadership Activities

Strengthening Families Program

Family-based substance use prevention program provided in partnership with the Oklahoma Conference of Churches. Builds on protective factors by improving family relationships, parenting skills, and improving young people's social and life skills.



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PAX Good Behavior Game

Universal, substance use and suicide prevention program for elementary students.

Botvin LifeSkills Training

Universal, substance use and violence prevention program for middle & high school students.

Embrace Oklahoma

Comprehensive, multi-tiered system for schools to plan and implement prevention and treatment services.



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SBIRT-OK & SBIRT-AOK

Universal screening, brief intervention, and referral to treatment (when needed) in healthcare encounters.

Identifies and addresses substance use and risk for poor mental health outcomes before the onset of a serious disorder.

Screening applications for adults and adolescents may also take place in education, social service, healthcare, and other settings.



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Improved Access to Family Supports

Media Advocacy

Media & Social Norms Campaigns

Mentoring

Organizational Policies

Outreach Activities

OK I'm Ready Overdose Prevention

Statewide, community-based overdose education and device distribution, including naloxone, lockboxes, fentanyl test strips.

Partnerships with treatment providers, coalitions, first responders, healthcare.



OKLAHOMA
Mental Health &
Substance Abuse

Ok I'm Ready Overdose Response

Goal: Reduce opioid deaths and other adverse outcomes.

- Increase overdose education and naloxone availability to people likely to be present at an overdose
 - Law enforcement, Fire, EMS
 - Schools, nonprofits, and businesses
 - Family, friends, and people who use drugs



Ok I'm Ready Overdose Response

- 420 naloxone kits distributed to youth 19 or younger in 2020.
- More than 45 school districts have naloxone kits available in case of an overdose.
- Overall, more than 300 lives have been saved by this program.



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